

**October 2007**

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2 pages

# SWAP news



## November 5 ~ SWAP's AGM and Education Seminars: Learning More about Illicit Drug Use and Older Adults, and Art Therapy

### Not Your Ordinary Grandma: Myths and Reality of Illicit Drug Use in Later Life 9:30 am

Presented by Charmaine Spencer, who is the coordinator for Project SEAGULL, a national Public Health Agency prevention initiative to help educate older adults and people who care for them about healthier alcohol use in later life in the context of retirement, care giving, widowhood, medication use, physical health challenges, anxiety and depression. In this presentation she will address illicit drug use by older adults, such as marijuana, crack, cocaine and heroin.

### SWAP's Annual General Meeting at 10:45 am

Please join the Board of Directors, volunteers, seniors, colleagues and people interested to support the issue of seniors facing substance abuse/misuse and social isolation. Learn how you might get involved. We need you to join our team! We need a few more Board members and volunteers to assist us.

### Art Therapy & Seniors 1 pm

Presented by Patricia MacAulay, BA, B.Ed, DVATI and Wendy Kerr, BA, DVATI. Join us for an interactive workshop where the presenters will address how Art Therapy is now being used to support older adults. You will also gain a deeper understanding of what "Art Therapy" is.

Patricia is an art therapist who has seen first hand the benefits of inviting seniors to make art together in community settings. Wendy is a practicing art therapist currently working towards her Masters in Expressive Arts Therapies, and she is interested in the role art can play in all aspects of community health.

**LOCATION: Heritage Hall,  
3102 Main Street, Vancouver  
(at E 15<sup>th</sup> Ave)**

Registration Required – see form on next page.

#### SWAP OFFICES

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##### E-Mail:

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Please visit [www.swap.givemeaning.com](http://www.swap.givemeaning.com) to support our proposal. We accept donations of any size – the most important is your financial support so that we can continue to write proposals to secure future funding. If you do not have access to a computer you can also mail us a cheque or call us if you wish to donate cash and we will arrange to pick up.

# JOIN OUR TEAM OF VOLUNTEERS

Volunteers are the backbone of most non-profits – and SWAP is no different, especially during this crucial time while we apply for funding. The isolated seniors that SWAP strives to support really need your help to keep SWAP moving forward. We need volunteers who can assist the Executive Director (Debora Broadhurst) with Strategic Planning, Organizational Development, input from any health care profession, proposal writing and the development of future Education seminars. Call Debora or join us at the AGM on November 5 to learn more. Postings also listed with Volunteer Vancouver’s Board Match: [www.boardmatch.org](http://www.boardmatch.org).

WELCOME to our new volunteer bookkeeper, **Peter Cheung**. Peter is working towards his 5<sup>th</sup> level with the Certified General Accountants of BC, and works with General Paint Corporation as a Financial Analyst.

WELCOME to our two newest Board Members, **KP AuJlay**, Executive Director of Chalmers Lodge in Vancouver, and **Ruth Meta** who brings many years of experience in the non-profit sector. We are delighted to have KP and Ruth join our team.

## HOW YOU CAN HELP SUPPORT SWAP

If you or a family member has benefited from the supportive services that SWAP has offered over the last 26 years and you would like to give back, here are some areas to choose from:

- Join us Nov 5th
- Help us to connect with resources
- Donate funds
- Volunteer your time and ideas by participating on our Board of Directors
- Volunteer on one of our working Committees
- Become a SWAP member



## Registration Form

Monday November 5, 2007: 9:30 am to 3:00 pm  
Heritage Hall, 3102 Main Street, Vancouver



### Event

Illicit Drug Use in Later Life	9:30 am
SWAP Annual General Meeting	10:45 am
Lunch	12:00 pm
Art Therapy and Seniors	1:00 pm

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

Prov \_\_\_\_\_

Postal Code \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Fax \_\_\_\_\_

**Registration is Required. Fees: Payment by cheque or cash in person**

- |   |   |
|---|---|
| <input type="checkbox"/> Full Day \$ 35 | <input type="checkbox"/> 1 workshop only \$ 25<br>Circle: Illicit Drugs / or<br>Art Therapy |
|---|---|

- |  |   |
|--|---|
| <input type="checkbox"/> Full Day Fee \$ 5 | <input type="checkbox"/> Are you a Senior? Or a Student?<br>I cannot attend but am enclosing a Donation to support SWAP (tax receipt will be sent to you) |
|--|---|

Signature \_\_\_\_\_